

## Case Example – Part One Miss B



Tia is 16 years old and has been in the care of Miss B. for the past few months. Tia’s mother has been in a long-term relationship with her boyfriend, Rodger, since Tia was 8 years old. Tia said when she was 12 years old Rodger became her boyfriend and he has used Tia to have sex with other men for money to help pay rent. Miss B. has been a resource parent for about 3 years. While overall, Tia who is has been making a lot of gains in Miss B.’s home, there have been some challenges as well. At times Tia has been verbally aggressive toward Miss B. Most recently stating when she was upset that Miss B. is mean and her rules are unfair. Miss B has recently had Lily, another foster child who is 14 years old, placed in her care. She has noticed that Tia has been getting into arguments and making threats toward Lily when she is upset about her touching her stuff. While Miss B is empathetic, she is also concerned about Lily who has told her she doesn’t like Tia because she isn’t nice to her.

Does this scenario seem familiar to you?

What do you think is going on with Tia?

What specific challenges does this type of situation pose for a caregiver?

How might Miss B. be an emotional container?

## Case Example – Part Two – Miss B. Secondary Traumatic Stress and Coping



Tia told Miss B. that she really wanted to go to a school dance with a boy from her school. Miss B. was happy to hear that Tia was making friends and showing interest in a school activity. Tia then opened up to Miss B., about how scared she was that the boy would find out about her relationship with Rodger and would not like her. Tia then started crying and shared information about her sexual experiences with Rodger in more detail than Miss B. had heard before. Tia also told Miss B. that she has been having nightmares and dreams about some of the men that she had been forced to have sex with.

How might hearing these details impact Miss B.?

How might this impact her parenting?

What are some ways Miss B. might cope with the trauma exposure?